



THE VOICE

Vol 29 Issue 12 2021-03-26

Minds We Meet

Interviewing Students Like You!

Glimpses of Barb Godin

A Book Review

Everybody Should Try D&D

How to Travel during COVID-19

Plus:

*Music Review: The Workday Release
Women of Interest
and much more!*



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LETTERS TO THE EDITOR



We love to hear from you!
Send your questions and comments to voicemagazine.org,
and please indicate if we may publish your letter!

Hey! Did you know the Voice Magazine has a [Facebook page](#)?

No kidding! We also do the [twitter](#) thing once in a while if you're into that.

Editorial Judging Underway

Karl Low



So, as mentioned in the rules for the Voice Writing contest, the entries were gone through and adjusted to standard margin sizes, removing identifying information, removing pictures, and sent off to the judges. With close to 50 entries total, the judges have their work cut out for them. But all that formatting work means I got a sneak peek at the entries, and I have to say I was amazed by the variety of things submitted. From science fiction to poetry, from a single paragraph to taking up every word allowed by the word count, there's such a huge range.

Fortunately, deciding among that range isn't my problem.

In the meantime, we've got another issue of The Voice Magazine this week, and it's got some stuff that's kind of fun.

This week, we seem to be all about books. Whether that's our feature book review looking at a book from our own Barb Godin, a new Women in Fiction column taking a look at Matilda Wormwood from the works of Roald Dahl, or our March reading list, just in time to get you

started in April.

But maybe, given COVID-19, you're already tired of books, and want to actually deal with people? Well, have you considered Dungeons and Dragons? Jeff Shermack thinks you should, and he's written an article explaining exactly why.

Of course, our feature article is an interview with AU student, Cassandra Mackay. For her, AU is a stepping stone on her path to becoming a teacher, one that she needs because of how the flexibility lets her keep taking courses even with some significant medical issues. She's another student who's mentioned the AUSU Night initiative as being something that's enhanced her AU experience quite a bit. I'm starting to think I'm going to need someone to do up a report on the next AUSU Night so that we can all see what we're missing.

Meanwhile, here in Alberta, Jason Kenney's UCP government seems to be starting to feel the heat, recently backtracking on its initiative to have to pay less to physicians, noting that it's something they shouldn't have pursued in the first place. That doesn't explain, however, why they continued to pursue it for so long since absolutely nothing about the people's response to that particular issue has shifted much over the past several months, nor does it answer the question of why the Minister who made a move that "we never should have pursued in the first place" remains the one in charge of dealing with physicians. The only thing that's changed is that a number of polls have come out showing that the UCP is on a downward trend in the polls, while the NDP is on an upward one. And if that's all it takes, maybe there's hope to swing them on the cuts to post-secondary education as well.

But don't forget our normal selection of reviews, events, scholarships, advice and more! Enjoy the read!

A handwritten signature in black ink, appearing to read 'Karl'.

MINDS WE MEET



Who are your fellow students? It can feel like you are all alone in your studies, but across the nation, around the globe, students like you are also pursuing their AU education, and *The Voice Magazine* wants to bring their stories to you. If you would like to be featured next, do not hesitate to get in touch!

The Voice Magazine recently had the chance to chat with Cassandra Mackay from Summerside, Prince Edward Island, the traditional and unceded territory of the Abegweit Mi'kmaq First Nation.

Cassandra is currently in her second semester of the four-year Bachelor of Arts in Psychology program, hoping to become a Special Education teacher in the future.

When she is not studying, Cassandra enjoys “browsing the Internet,” and she “also like[s] going for drives.” Although she does not have any pets, she likes to spend time with dogs and enjoys going “to the local farm and spend[ing] time with the horses.”

Although she has lived in PEI for most of her life, she was born while her “mom was on vacation in Ontario.” Although her mother thought she would be able to make it home to PEI in time, bad weather kept her away.” Cassandra and her mother returned when she was six

months old, stating that she has “been here ever since.”

Cassandra mentioned her high school principal as the person who has had the most effect on her desire to learn. She stated, “I had always wanted to follow my education to become a teacher, but I was almost about ready to give up on that because I wasn't doing good academically.” The principal told her that “there's no right way to become a teacher. It doesn't matter what your grades are now, there's always upgrading.” She told her, “Find your love of learning and that's all you need to carry yourself through the journey,’ and that's kind of what I've done.”

Cassandra likes the flexibility of online education, stating, “I can do the courses whenever I want because I have a lot of medical issues. I was in the hospital for a whole month last year. And even when I'm not in the hospital with my various medical issues, it's hard to do more than half-hour or forty-five minutes here and there.” Since the COVID-19 pandemic, she has found it a bit difficult to arrange alternative forms of examinations. When asked if she ever wavered about continuing her schooling, she admitted, “I honestly have been thinking a lot about that recently with the tuition going up again in September.”

Her most memorable course so far has been ENGL 255: Introductory Composition, mainly “because of the tutor that [she] had for that class.” She explained, “I find I’ve had nothing but good tutors, but there were two tutors last semester, one of them being in English 255, who went way above and beyond. Because due to my disability, I have a lot of extra anxiety.” She continued, “Sometimes it takes me a bit longer to understand the material, and I need to talk it out with someone as opposed to just reading it by myself.”

In general, Cassandra finds communication with her tutors average, stating, “I had some good ones and some bad ones.” She explained, “Last semester I had one who was never able to answer my questions. There were always miscommunications; they didn’t understand what I was asking; I didn’t understand the way they would explain it. Then I had two others who just took six weeks to reply to each email, which caused a lot of delays on my end.”

If she were the new president of AU, she would work on lowering tuition.” She explained, I understand it’s low in comparison to other colleges and universities across the country, but I feel like if a lot of people just put their minds together, they’d be able to find a way to lower the cost and still function.”

As for a famous person, past or present, that she would like to have lunch with and why, Cassandra chose Michael Jackson. She stated, “I grew up listening to his music, and I always just wanted to understand more about the person behind those songs. I’d love to have had the chance to sit down and talk over his music with him, find out where he got his inspiration from the songs, and the story behind them.” As for the lunch, it would be “something casual,” like “a backyard barbeque because if we went out to a restaurant, we probably wouldn’t get time to actually talk,” because of his fame.

The one thing that distinguishes Cassandra from other people is that she has Asperger’s syndrome, stating that many people do not realize that she is “on the Autism Spectrum.” Her mother taught her the most valuable lesson that she has learned in life, namely to simply focus on herself “and not to be concerned with other people judging me even without getting to know me.” She explained, “I used to get judged a lot for my disabilities and it would really get me down. My mom would say, ‘Their opinion doesn’t really affect what’s going to be the outcome of your life.’”

Her proudest moment has been getting her “MATH 215 [: Introduction to Statistics] credit last semester.” She stated, “I have always been a really bad math student. I did not even take grade 12 math and I got, I think, a 57% in grade 11 math. And then I started off the math course [thinking], ‘Can I really get high marks?’ Then around my mid-term, I started dropping to the 50s and the 60s, and I was concerned I wasn’t going to get my credit. And then somehow I managed to pull it off.”

In between her busy study schedule, Cassandra tries to find time to relax by watching “different channels on YouTube.” She stated, “I’m interested in those people who just travel around the world constantly for fun, and I follow quite a few of them on YouTube.” She also watches MTV shows like *Teen Mom*, as well as “the *Chicago* series; *Chicago Med*, *Fire*, and *PD*.”

Cassandra also mentioned that she likes the community created by AUSU, especially the newsletter and “the [AUSUnights] trivia nights once a month.” She feels that “it’s enhanced my experience at AU quite a bit” and “it’s helped me connect a lot with other AU students.” (Full disclosure: This reporter is AUSU’s VPEX.) Best of luck Cassandra!

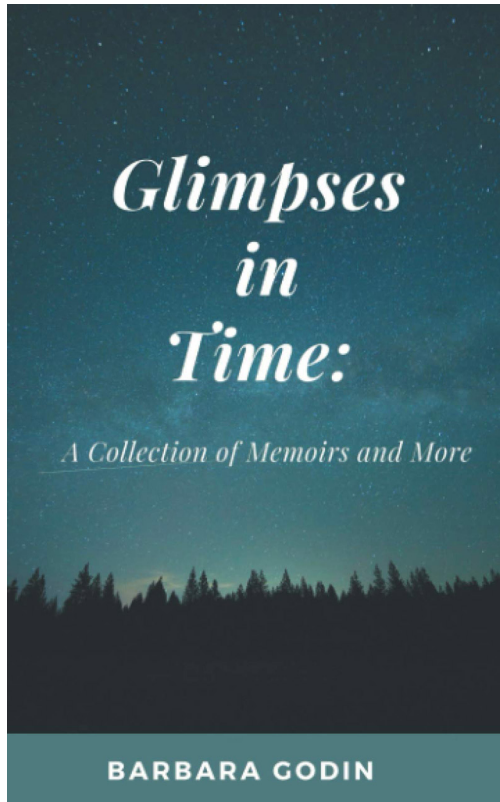
Natalia Iwanek is currently completing her Bachelor of Arts in English at AU and is also a freelance editor and writer. She can be contacted at <https://www.nataliaiwanekediting.com>



Glimpses of Barb Godin

Barbara Lehtiniemi

Long-time Voice Contributor Publishes a Memoir of her Early Life.



Voice writer Barbara Godin recently published her second book. *Glimpses in Time: A Collection of Memoirs and More*, is a compilation of stories about Godin's childhood, family, and relationships.

In the style of *North of Normal* by Cea Sunrise Person, and *The Glass Castle* by Jeannette Walls, *Glimpses in Time* traces Godin's life as she struggles to overcome a childhood marred by neglect and instability, and emerge as a thoughtful and loving wife and mother and talented writer.

Godin is a long-time contributor to *The Voice* magazine, penning the ongoing "Dear Barb" column and the "Women of Interest" series. But her most poignant writing appears in the articles she has written over the years about her formative years, personal tragedies, and relationships with various family members.

Glimpses in Time is an accurate description of Godin's memoir collection. Each piece gives a snapshot of Godin's life. From camping trips and family pets, to childhood neglect and devastating accidents, Godin shares illuminating glimpses into the pieces that make up her life.

The memoir pieces are grouped under several headings, and you'll want some tissue handy for the Grief section. That section opens with "Mary's Story", chronicling Godin's sister Mary's last troubled years before her death. Previously published in *The Voice*, "Mary's Story" went on to become winner of Best Short Article in the *Professional Writers Association of Canada's* 2019 writing awards.

Several of the pieces were previously published in *The Voice*, but there is plenty of new material, too. Godin infuses each piece with the emotion of its time, and also the dignity that decades of hindsight provides. It is almost as though, by writing, Godin enabled herself to come to terms with unsettling elements of her early life.

In her memoirs, Godin describes her precarious upbringing. With Godin's mother often absent and distracted by her relationship with an abusive boyfriend, Godin and her siblings were shuffled off to various relatives. Godin emerged from her often-troubled childhood to become an often-troublesome teen.

Some pieces, however, demonstrate that the turbulent clouds of Godin's youth gradually made way for some blue-sky moments. Her memoirs end, fittingly, with a group called Inspiring Stories. Most of these pieces are from Godin's adult years, and illustrate how ably she has overcome the challenges of her early life.

Included in the book are several of Godin's original poems and short fiction pieces. The book concludes with an excerpt from Godin's upcoming autobiography. From the opening chapter included, Godin's autobiography will knit all the "glimpses" together and fill the spaces between.

Glimpses in Time is available in paperback and ebook formats. Godin previously published *Dear Barb: Answers to Your Everyday Questions*, a selection of Dear Barb columns from *The Voice* magazine. More information on Barbara Godin and her latest book is available on Godin's website at www.barbgodin.com.

Barbara Lehtiniemi is a writer, photographer, and AU graduate (BGS 2018.) She lives on a windswept rural road in Eastern Ontario.



A Rant: Everybody Should Try Dungeons & Dragons

Jeff Shermack



Have you ever played the one-word story game? When I was much younger, my family and I would play it on long car trips. The basic rules are that everybody tries to tell a story together, but you can only say one word at a time. First you speak, then the next person, and the next, until it comes all the way back around. It keeps going around and around and around (getting gradually more ridiculous), until the story eventually reaches a natural conclusion. There's a sort of unspoken consensus when the story reaches the point of "the end." It's rare to tell a brilliantly unique and insightful story this way, but the process of collaborative storytelling is fun because everybody experiences it at the same

time. For me, that's exactly what Dungeons & Dragons is too.

I know what you might be thinking, and for a long time I thought the same thing. D&D was a boundary that I wasn't willing to cross, but I can tell you with confidence that what waits on the other side of that barrier is worth the crossing. Playing the game once is fun, but if you can find a group of people for regular revelry, there's a special sorcery that gets cast by your collective imagination, like your shared subconsciousness is feeding everyone the same dream. Some people doubt the significance of dreams and the power that comes from their ephemeral theatrics, but the trance of a great game of Dungeons & Dragons is like the state of hypnosis that comes from a good book. It's an opportunity to learn more about yourself and connect with other people as much as it's a chance to slay a dragon by throwing a fireball down its throat.

Nobody needs to tell you how stressful life is, especially right now. Thanks to artists, writers, and other lunatics, there are myriad chances for escapism. Today's anxious people (which is pretty much everybody if we're all being honest with ourselves), can choose from so many magnificent, wonderful, strange, and unique movies, books, poems, songs, TV shows, podcasts, and other forms of entertaining distraction. When was the last time you tried make-believe?

Children pretend all the time and look how happy they are. Sure, many of them are so innocent and pure that happiness comes as naturally and easy to them as geese come to Canada, but still, doesn't part of that youthful naivety come from the capacious capacity for self-generated escapism? Dungeons & Dragons is a chance for everyone who's lost that fanciful refuge to find their way back to fantasy.

Over the last year, I have spent most of my time indoors, studying, applying for jobs, and now writing. The room I use as an office is affectionately called "The Hovel" by me and my friends. It's a small cellar storage space that I renovated with a bright shade of golden yellow paint and a black IKEA desk. I have spent more time sitting in here over the last year than anywhere else, but I haven't always been in the room. During certain regular digital meetings, I've climbed the moss-covered misty pathway that leads up through an alpine forest to a glacial reservoir. I've trudged sullenly across miles of towering sand dunes and dusty roads, through wild and dense

sandstorms that sucked away my breath and bit my face, and through the packed snowy streets of a gleaming marble city, filled with a small mountain range of towering cathedrals.

I have talked with djinn, and partied with Norse gods, and slain unusual, strange, frightening creatures who spun webs in the dark hollows of abandoned mines and lunged at me with clawed hands attached to long arms and mandibles that dripped with reeking poison.

I've been in stasis for months because of the current crisis, but a simple, easy game with infinite possibilities provided the greatest escape I could ever ask for. I've recovered an immeasurable value of gold, jewels, art, and magic items, like spears that allow the wielder to throw bolts of lightning and clear stones that orbit your head and protect you from the need to eat or drink (the degree to which that can be qualified as "protection" depends greatly on the degree to which you enjoy eating. For the real me that might be a curse). In real life, I got to experience the majestic treasure of escaping into a world of imagination, and in that fictive place I learned more about myself that I could have ever hoped to discover surrounded by the four flaxen walls of The Hovel. The experience is like reading a novel as well-crafted as *The Hobbit* and as interactive as *Goosebumps*.

Dungeons & Dragons is intimidating to a lot of people for a lot of reasons, many of them are the same reasons that keep us off stages and out of improv classes. Others have heard about an exhaustive set of rules. Some have seen media that depicts people dressed in costumes. Some are simply turned away by the idea of childish games or the reputation that D&D has in certain circles. None of that should stop you from reaping the twin rewards of self-discovery and an entertaining escape from reality.

It's true that the game can involve all of those things, (although costumes are involved only in a minor sense and only for the most dedicated players), and for many players that's a badge to be prominently displayed, but the casual player doesn't need any of those inhibiting elements to play the game.

At its core you only need to follow three steps to play Dungeons & Dragons:

1. Imagine yourself as a fictional character in a fictional setting.
2. Describe what you would like to do in that setting.
3. Roll dice to find out if you successfully do that thing.

(I'm being a little reductive here. There are some extra steps, but if you're lucky you'll have someone who can take care of all those other little details the first time you play, so that you only have to worry about the three steps above. If not, well, bumbling your way through the first

AU-thentic Events Upcoming AU Related Events

Bannock and a Movie March Edition: Wahkohtowin: Cree Natural Law

Mar 1 to Mar 31

Online

Hosted by AU Nukskahtowin

www.athabascau.ca/indigenous/bannock-and-a-movie/index.html

Access through above link

Bannock and a Movie April Edition: The Cree Hunters of Mistassini

Apr 1 to Apr 30

Online

Hosted by AU Nukskahtowin

www.athabascau.ca/indigenous/bannock-and-a-movie/index.html

Access through above link

The Grad Lounge

Fri, Apr 2, 5:00 to 6:00 pm MDT

Online via Microsoft Teams

Hosted by AU Faculty of Graduate Studies

fgs.athabascau.ca/news/events/index.php

No pre-registration necessary; access through above link

All events are free unless otherwise noted.

couple attempts is a part of the game that everyone experiences anyway, and it has its own unique flavour of associated comedy.)

The most difficult step is number one. Everything else flows from there like water from a slowly melting glacier, decreasing in size more and more quickly from the impact of a barely understood global process that may already be unstoppable and which some of our most powerful leaders, despite the obvious observable impacts, refuse to believe is even happening. (Can you see why I need this?)

The game has had its controversies in the past because of the inclusion of elements from certain mythologies or, perhaps even more significantly, because of the associated mien of some of the groups of people who originally played the game's earliest editions. However, the current version of the game is the most accessible edition that has ever existed, which is partly why the game is picking up popularity these days.

If for no other reason, you should try the game because it's fun, because a group of people seated in circle making up stories together is a form of human spellcasting that we've been participating in since we drew on walls with a mixture of charcoal, spit, and animal fat, and because all of us deserve to enjoy a journey back to a time when we knew less and laughed more, if only for a few hours.

And it's not like you're travelling anywhere else right now anyway.

Jeff Shermack was studying English, writing SF and interested in experiments with storytelling structure. This February he'll be graduating from AU, getting ready to take on the real world.



Scholarship of the Week

Digging up scholarship treasure for AU students.

Scholarship name: Sabrina Shannon Memorial Award

Sponsored by: Food Allergy Canada

Deadline: April 23, 2021

Potential payout: \$1000

Eligibility restriction: Applicants must be Canadian residents, under 25 years of age, and enrolled at a post-secondary institution. Applicants do not need to have food allergies to be eligible.

What's required: An online application including contact, academic, and extra-curricular info, references, along with a 500-1500 word essay describing how you have raised awareness about food allergies in your community.

Tips: Check out [last year's winners](#) for inspiration.

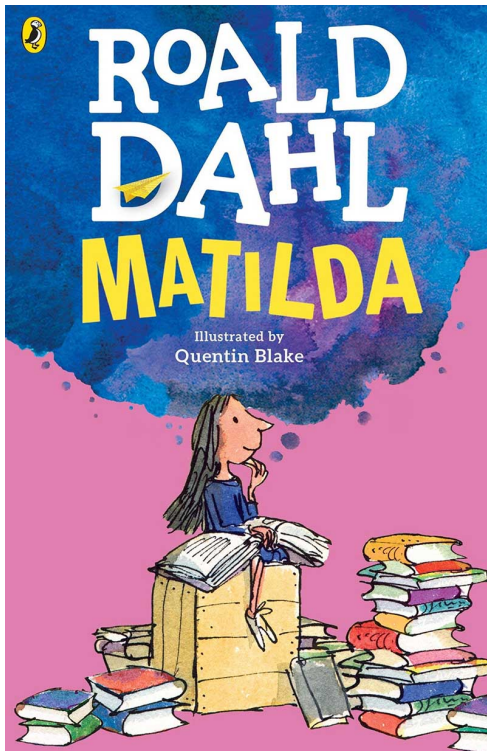
Where to get info: foodallergycanada.ca/our-impact-advocacy-and-services/advocacy-and-impact/community-awards/



Women in Fiction

Matilda Wormwood

Milica Markovic



The fictional child prodigy had cropped up in earlier decades, but it wasn't until Roald Dahl's 1988 novel *Matilda* that the gender-neutral trope was popularized among children themselves. Inspiring many young readers and imaginative minds worldwide, *Matilda Wormwood* shows resilience when confronted with adversity – namely, her unsupportive parents and fearsome headmistress, Miss Trunchbull – at only six years old.

Matilda is a studious girl from South East England who's intellectually frustrated because Trunchbull won't allow her to enroll in a higher grade. Her home life isn't any better: she has to hide her books from her parents who belittle her for not spending her days lounging around and watching television with them. When she sees Trunchbull's despotic behaviour bring distress to everyone at school, she presumably understands what it feels like to be bullied and develops telekinesis to combat the injustice surrounding her.

Children often don't have much agency in the real world, so authors must create situations where such characters can plausibly take control of their lives. For example, Matilda is prohibited from reading at home, so she goes to the library instead, and when Trunchbull mistreats others, such as stealing most of her niece's inheritance and salary, Matilda pranks Trunchbull in supernatural ways that fuel her guilt.

Dahl's writing reflects children's natural sense of wonder and adventure, if not mischief, and it is the character's trials that help them come into their own as individuals. Matilda's defiant acts become riskier as her telekinetic abilities improve, highlighting two key aspects of her character. The first is the responsibility she holds for controlling and maintaining these powers, especially since they leave her fatigued at first. Mistakes and limitations teach characters to be mindful of how they use their skills; otherwise, they'd be no better than those who abuse their authority.

This ties in, then, with the second aspect: Matilda's desire to punish the antagonists for their misdeeds against completely innocent characters. It's crucial to note that, compared to the American film adaptation, Matilda hardly uses her powers for the task. The implication here is that she comes to understand the consequences for using them and elects to do so only when another character truly deserves it. I think this is an interesting takeaway for youth: that to do the right thing, they sometimes may have to resort to less noble actions, and it's up to them to use their best judgement when deciding how to proceed.

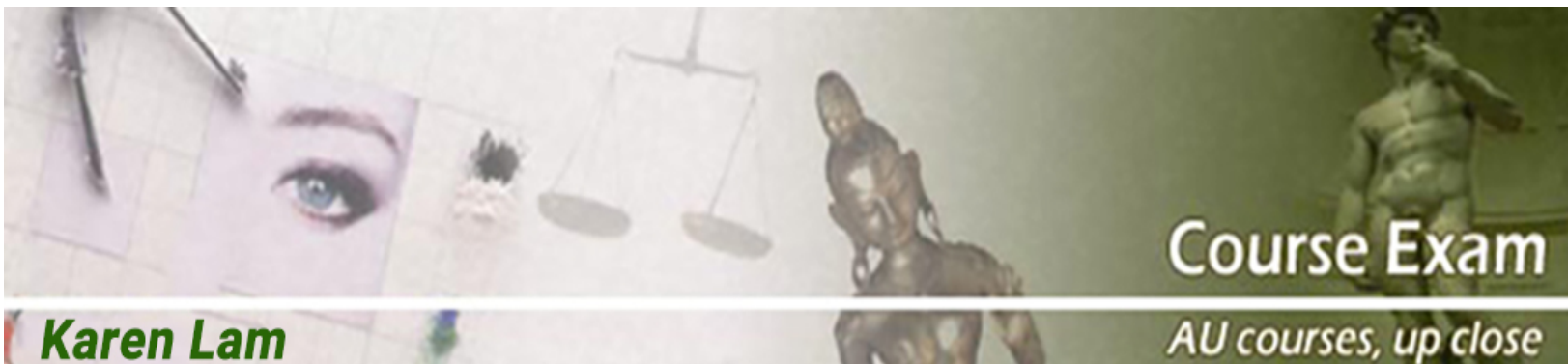
For her age, Matilda is shown to be quite emotionally perceptive. She recognizes when she or others are being treated unfairly, and she not only stands up to the abuse, but also befriends those who could use the support. Her most important friendship is with Trunchbull's niece, Miss Honey, who in turn motivates Matilda to create a space that reflects her needs. Matilda's growing independence culminates in her convincing her parents to let Miss Honey adopt her. What's significant about their bond is that Miss Honey both challenges her new daughter academically and provides an environment that nurtures her as a normal human being, which is evidenced in their affectionate moments and recreational activities families would partake in. I am critical of

narratives that only seem to value child prodigies for their genius, so it's reassuring to see a portrayal that addresses developmental needs families could relate to.

That being said, *Matilda* is written as a role model in a comic fantasy for children. We don't witness the extent to which her unhealthy dynamic with her former parents realistically affects her because it would be tonally inconsistent with the rest of the book. This isn't to say *Matilda* can't experience some form of reality, however: once she's finally registered in a grade more appropriate for her level, she loses her telekinetic strength. I wish the film retained this element of her arc, as it shows her growing out of revenge so that she can focus on the things that matter – her education and relationships. The novel's end, in my opinion, teaches a powerful lesson about never losing sight of your personal happiness and preparing yourself for the next stage of your journey.

Not long after *Matilda*'s story hit the shelves, we began to notice other young bookworms in media take the spotlight such as Lisa Simpson from Matt Groening's *The Simpsons* and Rory Gilmore from Amy Sherman-Palladino's *Gilmore Girls*. What these characters have in common is that, no matter how talented they might be, there is always an opportunity to learn more about themselves and the world beyond their favourite books. To my readers who grew up with *Matilda* and possibly share it with their children, may you continue to do the same – together.

Milica Markovic is a Toronto AU student enrolled in the MA-IS program with a BA in criminology and political science.



Karen Lam

Course Exam

Comp 347 (Computer Networks)

If you have a course that you would like to see a Course Exam article written for or you recently took a course that you would like to recommend to other AU students, please feel free to reach out with the course name and number, and any questions or feedback you may have. We'll be happy to write about it in our next Course Exam article.

Karen Lam

COMP 347 is a senior level computer science course that is “designed to teach the essential principles and technologies of computer networking.” An overview of the most basic level of computer networks, a network is a group of computers that use specific communication protocols to interact with each other. These communication protocols are described in something called the OSI Model (Open Systems Interconnection Model), which is the focus of the course. The course does have a pre-requisite of COMP 314 and is available for challenge for credit. For students who have not taken COMP 314 and are interested in doing so, don't hesitate to check out the [Voice article for COMP 314](#).

Why You Should Take This Course

If you are interested in pursuing a career in software development, or merely interested in learning about internet networks, this course is for you! Particularly for those interested in software development, knowledge about networking and internet fundamentals is very important. With a growing shift towards technical cloud computing like Amazon Web Services (AWS), Microsoft Azure, or Google Cloud Platform (GCP), an understanding of how these services work on a fundamental level is more important than ever before. If you think you are interested in working in this field in the near future or would just like to expand your general knowledge of computer networks, I highly recommend this course.

For this course, we had the opportunity to interview Tyler, who is currently taking courses at AU while he is on an internship from another University. Tyler mentioned, “in my opinion, Computer Networks is one of the most important courses in postsecondary, as network communication is such an important part of software design and engineering,” and he highly recommended this course to all individuals who are interested in entering the tech/computer science field or merely interested in gaining more knowledge about computer networks.

Course, Assignment and Final Exam Details

The course will cover the OSI Model: computer science concepts abstracted into seven levels. This class will go over four of the most important levels, which will give you a solid understanding of how computer applications access network services (like email), how the computer connects to other computers through something called ports, and how this data interacts directly with hardware. Students will also learn about routers and how data is transferred on a micro-level.

The course itself consists of four assignments with assignment one and four worth 15% each and assignment two and three worth 20% each. There is no midterm for the course, however, there is a final exam worth 30%. To pass the course, students must achieve a course composite grade of at least a 50% or higher on each assignment and the final exam.

How to Be Successful in the Course

Student Tips

When we asked one of the students, Tyler, who recently took this course what his tips are for the course, and he stated, “unlike in-class courses, online courses require good time management skills. I recommend students to spread out studying and allocate time to complete the assignments. The course is content heavy, so I recommend putting the time into fully understand the material as that will make completing assignments and studying for the final exam much easier.”

We also asked Tyler about his experience with communication with the Course Coordinator or Course Tutor, and he mentioned, “I didn’t contact the course coordinator/tutor much for the course as I found the material provided sufficient for me to succeed in the course. When I didn’t understand a concept, there were lots of YouTube videos and resources on Google to explain the concept to me. I strongly recommend students to do research when they are struggling to understand something.” Thank you very much Tyler for your valuable feedback!

Questions?

If you have any further questions regarding the course, please do not hesitate to contact the Course Coordinator at Fst_success@athabascau.ca. Happy studying!

Karen's taking her Computing Science degree at AU, learning French and Korean, and is into K-pop, SF, and politics



Music Review

The Workday Release

Jessica Young



Artist: David Ottestad/The Workday Release
Album: *Like the Light of Stars*

Southern California singer/songwriter David Ottestad's music project, The Workday Release, is debuting a new album on April 16, 2021 via Enci Records. The album is titled *Like the Light of Stars* and contains eleven tracks. The LP's single, "Say A Lot With Light" has already premiered on [Youtube](#) in the form of a music video directed and produced by Ottestad himself. Popular Youtube channel, *In the Mix* collaborated with Ottestad to showcase the mastering process for the video, which has racked up nearly 100,000 views. If you're interested in the process of production, Ottestad says of his collab with In The Mix: "we're looking forward to making more videos featuring the rest of the album to continue providing educational insight for the online

music production community".

The single, "Say a Lot With Light", is a piano ballad about waiting for the right person before jumping into something serious. The music video focuses on Ottestad walking through a city with a clear backpack containing an orb of light. Light certainly seems to be a theme for this album—with other tracks titled "Sunlight" and "Going up in Flames", as well as multiple references to light in the lyrics of many of the songs. Ottestad credits the title of the album to a lyric from the track "Every Voice I Hear is Mine" that says: *I split in two, I am near and far, gone and coming too, like the light of stars*. Honestly—it's a little much. I really enjoy concept albums, but constant mentioning of light throughout the album in very different songs feels forced, as if the album is trying to have more substance than it does.

The tracks themselves are a mix of slow piano ballads and peppy guitar tunes. The instrumentals are enjoyable and Ottestad has a nice, calming voice. He's reminiscent of Sam Smith and Lewis Capaldi (with a less powerful voice) in the piano tracks such as "You" and "The Future". In the upbeat guitar-based songs like "I Do" and "Sunlight" he has more of a Train or Mumford and Sons vibe. There are two tracks on the album "Hospital Grounds" and "Keep out the Wolves" that are so folky they're bordering on country, which feels odd in the context of the rest of the album. Other than that, the album does flow nicely and has an overall comforting, soothing sound.

Lyrically, *Like the Light of the Stars* is not great. The song topics are all over the place and conflicting (other than the recurrent theme of comparing everything to light). "You", "I Do", and "The Future" are all about being madly, deeply in love, while "Circles" is a regretful break-up song. Then there is the single "Say A Lot With Light" that is about waiting for the right person. "Sunlight" and "Six Feet from Defeat" are happy, hopeful songs about embracing life, while "Every Voice I Hear is Mine" and "Going up in Flames" are sad, reflective songs about how unfair life is. I'm not exactly sure what Ottestad thought he was doing with "Hospital Grounds", but it sounds like he is singing from the perspective of dying person appreciating life: "fairness wasn't promised but still I'm feeling I deserve more time [...] sweet morning light, don't pass me by, look

what I found on hospital grounds". That's just cringey and, frankly, I find it offensive. Please don't try to use other people's pain to get famous.

Overall, *Like the Light of the Stars* isn't bad, but it isn't good either. The instrumentals are pretty and Ottestad has a nice voice, but that's all it is—nice. The songs flow well because they all sound vaguely the same and the lyrics are generic, trying to be deeper than they actually are. It sounds like Ottestad tried to write a song to appeal to every group of people instead of writing from his heart. *Like the Light of the Stars* is elevator music; good to listen to while studying, in a doctor's office, or on hold with your phone company, but provides nothing memorable or of substance.

Jessica is completing her Bachelor of Human Resources and Labour Relations degree while pursuing her passion for writing and drinking coffee.



Women of Interest

Edith Cowan

Barb Godin



Edith Dircksey Cowan was a social worker and politician whose focus was the welfare and rights of women and children. She fought against domestic violence and openly discussed venereal disease, contraception, and prostitution at a time when these things were kept in the dark. In 1921 Cowan was the first woman to serve as a member of the Legislative Assembly of Western Australia. She was one of four women who ran, and all were subject to verbal abuse while campaigning. However, due to her notable reputation, Cowan won the election. She was the first woman in Australia to become a member of parliament and the second in the British Empire. Not everyone was pleased with her win. The following was written in the newspaper *The Age of Melbourne*:

"Were political office to become the ambition of the Fair Sex, and were standing for Parliament to become the latest craze of fashion, there would be many dreary and neglected homes throughout the country sacrificed on the altar of Political ambition."

Cowan made it clear that her intent was mainly to bring a woman's vision into the way her state was governed. During her speech Cowan indicated that she would only be responsible to her own constituents, as she stated "there are too many here who are possessed on the old party spirit."

Cowan served only one three-year term, during which time she introduced two private member's bills. The first gave women the right, whether married or single, to enter into the workforce. The second gave inheritance rights to women whose adult children died without having a will or children of their own. Both Bills were successfully passed.

Edith Cowan was born August 2, 1861 in Glengarry Station, Western Australia. Her mother died when she was seven years old, and she was subsequently sent to boarding school. Her father remarried and was later hanged for killing his wife when Edith was 15 years old. Edith was then sent to live with her grandmother. Due to the trauma of her childhood, Edith became a solitary person, but at age 18 married James Cowan, Registrar of the Supreme Court, Perth, and they had five children.

Edith Cowan accomplished many "firsts." For example, she became a significant figure in the women's suffrage movement, during a time in history (1899) when women were given the right to vote. Cowan advocated for the rights of children and served on a local Board of Education. In 1906 she was momentous in creating The Children's Protection Society and the Children's Court. Also, in 1911, Cowan assisted in the establishment of the National Council of Women. She played a significant role in the creation of the King Edward Memorial Hospital for Women in 1916. Cowan held positions on many boards in Western Australia, including the Town Planning Association, Western Australia Historical Society, Infant Health Association, Nationalist Party Executive, Bush Nursing Association, and Western Australia National Council of Women, just to name a few.

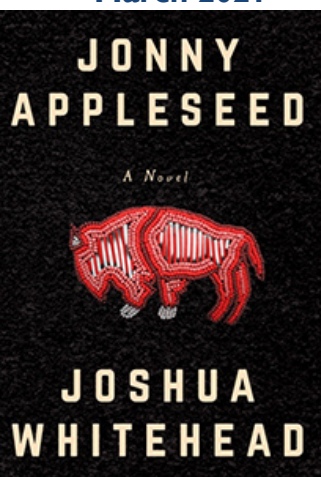
Edith Cowan died on June 9, 1932 at the age of 70 following a long illness. She was buried at Karrakatta Cemetery following a sizeable public funeral. Cowan's legacy was vast and includes The Edith Cowan Memorial Clock. This clock was constructed at the entrance to Perth's Kings Park two years after her death. In 1975 her portrait was included on an Australian postage stamp, as well as on a fifty dollar bill in 1995. In 1996 a plaque honoring Edith Cowan was positioned in St. George Cathedral, Perth. In 1991 Edith Cowan University purchased the home which Edith and her husband and children had lived in for twenty years, and reconstructed it on the university campus. In 2001 Edith's name was added to the Victorian Honor Roll of Women. Since there was far too much information about this outstanding woman to be included in this article, additional information can be found at <https://www.nma.gov.au/defining-moments/resources/edith-cowan>.



The Reading List

March 2021

Karen Lam



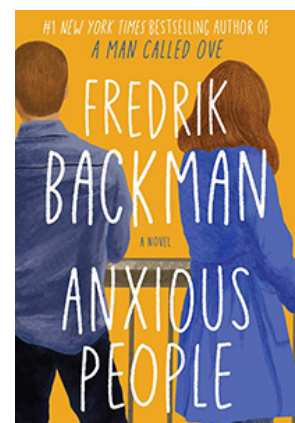
With the vaccines rolling out and many more people are being vaccinated, we can now see a bit of light at the end of the tunnel. With that said, while we are waiting to be vaccinated (kudos to those who have been vaccinated!), try one of these books during your free time this month. On this list, I could not help but to include the winning book from the Canada Reads 2021 competition and the author also happens to be the Athabasca University 2020-21 Writer-in-Residence.

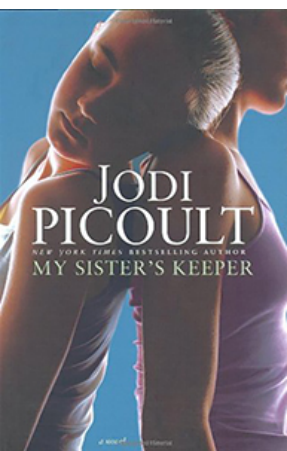
Jonny Appleseed by Joshua Whitehead

Jonny Appleseed by Joshua Whitehead is a novel about a young Two-Spirit/Indigiqueer. The story is an incredibly well written and shares a unique vision of Indigenous life filled with passion and perseverance. For anyone looking to try something new this month, this is a must read for you!

Anxious People by Fredrik Backman

Anxious People is a novel written by Fredrik Backman and translated by Neil Smith. A very well written, poignant yet charming novel for all fiction and mystery lovers. The story is about a crime that never happened, a bank robber who would have robbed a bank that suddenly vanishes and eight anxious strangers who meet. This story is a compassionate and funny story filled with wisdom that teaches readers the power of endurance, hope, forgiving and finally, friendship – things that ultimately have the power to save us during the most stressful and unexpected times.



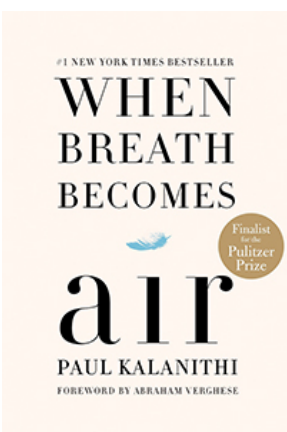
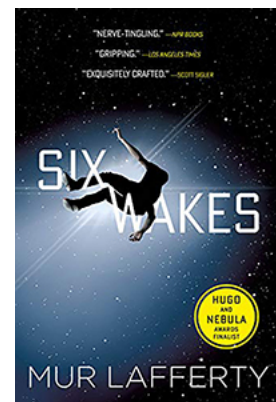


***My Sister's Keeper* by Jodi Picoult**

For those who have never read a Jodi Picoult book before, this book is a must read. *My Sister's Keeper* examines what being a good parent, good sister and a good individual means in life. It explores questions that we would question if it would be ethnic or not and which choice is the best choice, or if there is even such a choice? *My Sister's Keeper* was one of my favorite novels to read as it carries a beautiful, touching yet heartbreaking story with unexpected twists. It also delivers a strong message to readers that everyone has their own story and reasons for the choices they make. Unlike most books, this is one of the books I recommend readers to read the book and try the movie. Both the book and movie have different endings, and I think it is very worthwhile to try both!

***Six Wakes* by Mur Lafferty**

Six Wakes by Mur Lafferty is a mix of mystery and science fiction. A great read for those interested in mystery, science fiction or both!



***When Breath Becomes Air* by Paul Kalanithi**

Calling all non-fiction and memoir fans, this is for you! Paul Kalanithi, the author of this book and at the age of 36 was a neurosurgeon who had almost completed a decade worth of training was diagnosed with stage IV lung cancer. From working as a neurosurgeon to treating the lives of many patients, and suddenly, he was a patient battling for his own life. A true story about Paul's journey from a young and naïve medical student and next working and training to become a neurosurgeon at Stanford, to becoming a new father to their child and a patient confronting lung cancer. The book explores many topics including how to live life in the situation when your future is no longer visible and what it means to conceive a child when another life is about go fade. Paul Kalanithi passed away in March of 2015 while writing this

book, however, his words in the book live with all readers as a gift, guide, and inspiration to tackle all the challenges we face in life.

Karen's taking her Computing Science degree at AU, learning French and Korean, and is into K-pop, SF, and politics



Unearthing classic articles from previous issues of The Voice Magazine

March 26 is Purple Day, but the connection with the colour is only tangential. Purple Day's purpose is to draw attention and support to epilepsy. For balance, we reached into our vaults for a piece on purple and another on epilepsy.

Purple is the new gray. Laura Seymour chafes against the blandness of North American decorating styles. "It is often said we are keeping ourselves sick or tired by wearing only one or two colours or that there is an abundance of other colours in our 'aura'". Allergic to Colour: The North American Bias, October 9, 2002.

Student stamina. Interviewer Laura Nelson speaks to AU student Elizabeth Eckert about the challenges of balancing studies and parenting a child with disabilities. "When you are a student with children, especially a single mom, you also feel guilt for taking time away from your children, or being stressed and tired from exams and assignment deadlines." Minds We Meet — Elizabeth Eckert: A Combination of Things, September 8, 2017.

Fly on the Wall

They'll Stone You When You Try And Use A Touchscreen

Jason Sullivan



Did you ever write an AU assignment on a tablet? Me neither! While touch screen keypads might be suitable for kibitzing with family and friends and dolling our faces up with filters ranging from Capuchin Monkey to Octogenarian Granny, nothing beats the tactile nature of a physical keyboard.

Traditional keypads contain ample space for flourishes where fingertips meet their mark with a satisfying smack. Like the lost art of cursive or the hipster-approved craft of pottery, there's an ineffable *jouissance* attained by tactile expressivity. Physical expression seems perpetually on the wane, however. Martin Heidegger, almost a century ago, suggested that only writing by hand can truly express what it is to be human: "This

history of the kinds of writing is one of the main reasons for the increasing destruction of the word. The latter no longer comes and goes by means of the writing hand, the properly acting hand, but by means of the mechanical forces it releases. The typewriter tears writing from the essential realm of the hand, i.e., the realm of the word. The word itself turns into something "typed."

We might wonder, then, in our era of blaring smartphone videoclips rather than silent library research, what we are to become. Recall Karl Marx's famous rejoinder to those who see in human nature an eternally unchanging essence: "The hand-mill gives you society with the feudal lord; the steam-mill society with the industrial capitalist".

Yet, writing with a pen can be slow and frustrating when our thoughts are streaming through our minds like an epiphany cavalcade. In fact, much of what makes school suck, in the popular imagination at least, is the studious dull nature of sitting and writing at a desk like some weebegone Charlie Brown or a seething Calvin (sans Hobbes) held in detention. No wonder Moses, after hearing God speak and receiving stone tablets "inscribed by the very finger of God" later broke them in anger!

Ostensibly, angst for Moses was about idol worship (and here we might think of the endless streaming videos that make the internet anything but a library of learning), but in a deeper sense the key reality is that only when Moses wrote the tablets anew, with his own chisel, did they stand the test of time. Learning is like that, religious mythology aside. When we can recapitulate what we learn in our courses, doing so through the magic of our own minds and hands and with heaping dollops of our own ideas, that is when we come into contact with the magical mystery of knowledge itself.

Show Your Bones and Learn to Glow

There must be some common ground between two poles of expression, the dubious sloth pace of writing by hand and the rapid bewildering realm of voice-to-text transcription. It would appear that the nature of communication depends on technology, be it a carving tool to impress ancient hieroglyphics onto a clay tablet, or a stylus to select one's emojis onto a smartphone screen.

A recent archaeological find reminds us that tools of relative complexity existed far, far, back in the mists of pre-human history such that linguistic expression seems in itself to be a relatively recent invention. Archaeologists have discovered a barbed bone tool from 800 000 years ago that was created by *Homo erectus*. Perhaps it was used to butcher meat. While its purpose is unclear, the complexity of the carved bone shows that we *Homo sapiens* weren't the first to use tools requiring careful thought.

Nor do we have a monopoly on thinking about our environment in ways familiar to anthropologists studying countless societies all the way down (or up) the historical timeline. "‘Olduvai hominids, whether they were *H. erectus* or some other prehuman population, carefully selected bones as well as stones for toolmaking,’ Tryon says. ‘They were expert craftsmen or women.’ New York University archaeologist Justin Pargeter agrees. ‘Although it’s unclear whether the Olduvai artifact was a pointed bone tool comparable to those later made by *H. sapiens*’, he says, ‘the existence of any bone toolmaking 800,000 years ago shows that this practice is far older than typically assumed’"

While translating thoughts into written form requires tools, to avoid being a tool of technology rather than master of our academic domain requires that we seek and utilize the best methods to make our education meaningful. That surely is why a keyboard is preferable to a tablet when writing our assignments.

Jason Hazel-rah Sullivan is a Masters of Integrated Studies student who loves engaging in discourse while working in the sunny orchards and forests of the Okanagan.



Student Sizzle — AU's Hot Social Media Topics

Following What's Hot around AU's Social Media Sites.



AthaU Facebook Group

You gotta clean behind the computer, too? A student with a built-in cam on a desk-top computer wonders how ProctorU will be able to see the whole room; responses suggest either using a mirror, or cell-phone video.

Discord

A good reason to scan all channels: A discussion in the #general-studies channel leads to a tip on using a research log to smooth the research-to-write process of essays.

reddit

When you're planning on last-minute: Weird how the question of when a course contract really ends comes up. Yes, you literally have to the last minute (Mountain Time) on the last day of a course contract to get that final essay in. Sooo, if you're into self-torture, go ahead and do that.

Twitter

@austudentsunion tweets: "AUSU has teamed up with @VMock Inc to provide our members with free access to their resume review platform! Start that interview off on the right foot-check out their review tools today. More info at <http://ausu.org/services/resume/>."

This is What a Dream Job Looks Like

Marie Well



A waitress at a spaghetti restaurant exuded passion for her side gig. She was working in some pyramid-like scheme—and she loved it. I delighted in every moment she came to our table, chattering about her pursuits. I couldn't get enough.

But work was different for me; I thought I'd never work again. I had what I called a dream job that riddled me with workplace anxiety—so severe I was out of commission for most of the work day. I was tucked away in a corner office, creating databases, but with no human contact. But it paid well. Very well. I told myself it was a dream job, fooling myself, as I read multiple Buddhist books on how to be happy at work.

After the business moved to Europe, I went through more than half a decade of extreme anxiety, unable to hold down employment outside of *The Voice Magazine*.

During this time, I gave up all hope for a full-time career. But I read countless books and wrote many articles on overcoming anxiety. Then, one day, I realized I had it controlled.

I then applied for full-time work. My first three jobs didn't work out. I lacked skills in one. I was expected to hug the boss in another. During job interviews, I'd be on the verge of panic attacks, although I managed to stay afloat. I'd ask myself, "What if anxiety returns? What if I can't hold a job?" I felt like a failure. So, I invested time in skills development.

But then something magical happened. I found my dream job—a job that paid a salary higher than I ever imagined. But that wasn't the highlight. Not at all.

Everything about the job was a highlight: the neutral, friendly boss; the passive helpful colleagues; the boss's amazing family in his family run business; the delightful customers; the performers I brought on board. And that's just the starting point.

The job tapped into most every passion I ever had. I always wanted to be a talent agent. I dreamed of making courses and working as a corporate trainer. I longed to make a documentary film. I love designing, writing, and networking. I enjoy engaging people in sales. And the list goes on for many miles.

Now, I feel so passionate about my career that I work all day and night and all weekend. I'd rather work than go to the movies, to a restaurant, or to Hawaii. My boss keeps warning me to get my work done during the day so I don't crash. He says I need work-life balance. But he doesn't realize that I gain energy from work, that it feels like how chocolate factories and Disneyland surely feel to children.

So, to heed his advice, I spend a bit of time on other enjoyments: learning job-related skills and learning how to be selfless in relationships.

Best of all, I no longer have workplace anxiety. Completely cured. Anxiety's been replaced with excitement. But at the back of my mind, I think, "My sales are slow coming in with COVID."

Would I work for free? I probably shouldn't think this way, but I probably would.



Quick & Easy Mediterranean Bowl

Xine Xu



One I recently started learning some new recipes and found that Greek recipes are good, healthy, and quite simple. I've always loved the taste of Greek food, especially combined with the Mediterranean health benefits, but had trouble creating the perfectly seasoned proteins. Greek cuisines are known for their flavorful combination of proteins and salads. The toppings make the Greek bowl come to life with vinegary, nutty scents from the combination of cheese, proteins, and veggies.

For early meal preparation, the ingredients can be stored in the fridge for up to five days. My favorite protein to use in Greek recipes is lamb, however beef and chicken are also excellent choices if you are not a fan of the gaminess of lamb.

When I learned how easy it was to make an entire Greek meal, I decided to give it a try. Here's a step-by-step breakdown of my take on Mediterranean fiesta bowl.

Prep time: 15 minutes

Cook time: 15 minutes

Difficulty: Easy-medium

Utensils:

- Medium pot
- Measuring spoons
- Large non-stick pan
- Strainer
- Medium bowl
- Measuring cups
- Large bowl

Ingredients:

250 g Ground Lamb/chicken/beef
 ½ cup Couscous
 113 g Baby Tomatoes
 160 g Sweet Bell Pepper
 ¼ cup Feta Cheese, crumbled
 1 unit Vegetable Broth Concentrate
 1 tbsp Lemon-Pepper Seasoning
 50 g Shallot
 1 tbsp Vinegar/pickle juice
 1 tbsp unsalted butter
 ½ tbsp sugar
 1 tbsp oil
 ½ tsp salt and pepper to taste



Couscous adds additional texture to the bowl and has incredible health benefits too!



The lemon-pepper seasoning is an essential ingredient in the salad and protein.

Instructions:

1. Cut baby tomatoes in half, sweet bell pepper into $\frac{1}{2}$ inch chunks and shallots into thin slices
2. Add shallots, vinegar and 1 tbsp water and $\frac{1}{2}$ tsp sugar into a medium pot. Season with salt and bring to simmer over medium heat and stirring constantly until sugar dissolves in 1-2 minutes. Remove pot from heat. Transfer veggies, including liquid, to a medium bowl. Set aside in the fridge to cool. Carefully wipe pot clean
3. Combine broth concentrate, $\frac{3}{4}$ cup water and 1 tbsp butter in the same pot. Cover and bring to a boil over high heat. Once boiling, remove pot from heat and add couscous. Stir together. Cover and let stand for 5 minutes
4. Heat a large non-stick pan over medium-high heat. When hot, add ground protein and cook by breaking the proteins into smaller pieces and ensure no pink remains (4-5 minutes approximately). Then remove the excess fat and add the lemon-pepper seasoning. Season with salt and pepper to taste and remove pan from heat and cover to keep warm

5. Add tomatoes, peppers, remaining lemon-pepper seasoning, 1 tbsp pickling liquid and 1 tbsp oil in a large bowl. Season with salt and pepper then toss to combine
6. Drain the pickled shallots and discard remaining pickling liquid. Fluff couscous with a fork and season with salt.
7. Divide couscous between bowls. Top couscous with protein, veggies, pickled shallots. Sprinkle feta over top.
8. If desired can add Greek yogurt (unflavored) or Taziki sauce or hummus and pita chips on the side for a quick appetizer to this meal



My favorite proteins to add for Mediterranean bowls are ground lamb and beef

Xin Xu is a post-graduate health-science AU student, aspiring clinician, globe-trotter, parrot breeder and tea-connoisseur.



Dear
Barb

Barbara Godin

Tryhard Friends

Dear Barb:

I am just approaching my fortieth birthday and having a difficult time. I am the mother of two teens. My life seems to be changing so much and even my relationship with my husband is not what it used to be. My kids are being typical teenagers: they have no interest in family times and would rather hang out with their friends. I miss my old life. The worst thing for me is the loss of my friendship with my best friend. We have been friends since grade school and rarely had any problems until this last year. It almost seems like she's tired of hearing about my problems, even though I have always been there for her. Jill is on her second marriage and has no kids, so she doesn't seem to be able to relate to what I'm going through. These differences never seemed to cause problems in our relationship in the past, so I don't know why they are now. We also seem to be growing apart in our views of life and living with Covid. She seems to think the masks are useless and she said she is not taking the vaccine. When I try to discuss these issues, we end up arguing and then not talking for a few weeks. I am wondering if something I am doing, or not doing is causing my life to have changed so much, or does this seem to be the normal course of life.

Looking forward to your response, Michelle.

Hi Michelle:

Thank you for writing and I am sorry you are having such a hard time. I am going to try to address the issue that seems to be bothering you the most, which is your relationship with your friend. Unfortunately friendships don't always last throughout our lives, people change, circumstances change and consequently friendships change. Maintaining a friendship for a lifetime requires a lot of work and understanding, which most people are not willing, or able to keep up. There are a few common behaviours that will guarantee your relationship will not survive. For example, relationships require give and take, and it's not always 50/50, sometimes it's 150/20 or 80/20, depending on what each person is going through. If one person is always complaining and negative, it will impact the relationship to the point where the other person will begin to back away. An ongoing conflict between two people because of different world views or beliefs is difficult to ignore. Simply choosing to ignore the conflicts will not make them go away, they have to be discussed and resolved in a healthy manner. Accepting the other person's view, does not mean you agree with it, you simply accept their right to their opinion, while still maintaining your own. Michelle I would suggest you stop trying so hard and just accept things as they are, sometimes resisting change makes things worse.

Hope I was able to help.

Email your questions to voice@voicemagazine.org. Some submissions may be edited for length or to protect confidentiality; your real name and location will never be printed. This column is for entertainment only. The author is not a professional counsellor and this column is not intended to take the place of professional advice.



Chazz Bravado
The New Jeans

Wanda Waterman

The Chazz Man
has a serious
beef
about
the new
jeans.



I like to scrutinize
the bottom line
(if you catch
my pitch).



But now you're all
wearing baggy
dungarees
that look like
they were sawed off
above the ankles
with a filleting knife!



If you
can't get
spray-on
Levi's...



...then skinny jeans
are a butt's
best friend.
So dig 'em
back out,
chicky-poos!



I'll be waiting.



The information on this page is provided by the AU Students' Union. The Voice does not create this content. Contact AUSU at services@ausu.org with any questions about this article.

IMPORTANT DATES

- **Mar 10:** [Deadline to register in a course starting Apr 1](#)
- **Mar 11:** [AUSUnights Virtual Student Social](#)
- **Mar 15:** [Apr degree requirements deadline](#)
- **Mar 17:** [AUSU Public Council Meeting](#)
- **Mar 31:** [Deadline to apply for course extension for Apr](#)
- **Apr 8:** [AUSUnights Virtual Student Social](#)

Services from AUSU

If you are an undergraduate student at AU, that means you are also a member of the AU Student' Union!

What is AUSU?

Being a member of AUSU entitles you to access [AUSU services](#), attend events and online council meetings, receive support and advocacy from AUSU, and run in our election for a position on AUSU council.

Services for Students

As a member of AUSU, you have access to our services and resources, **no matter where you live or how many courses you are taking**. These include:

- [Awards and Bursaries](#)
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- [Free Mobile App](#)
- [Free LinkedIn Learning](#)
- [Free Resume Review Service](#)
- [AUSU Open Mic Podcast](#)
- [Eye-wear Discounts](#)
- [Pharmacy Discounts](#)
- [The Voice Magazine Student Publication](#)
- [Virtual Food Assistance Program](#)
- [2SLGBTQIA+ Discord & Resources](#)
- [Career Resources](#)
- [Peer Course Reviews](#)

For more info, visit the [AUSU website](#).



AUSUnights Trivia

AUSUnights is a Virtual Student Social trivia night held on the second Thursday of every month. They are a great opportunity to connect with AU fellow students through Zoom, play some fun trivia games, and get a chance to win some prizes and swag from your Students' Union!

RSVP to ausu@ausu.org for an invite to the virtual meeting room. Be sure to specify which date!



AUSU Year-Round Bursaries

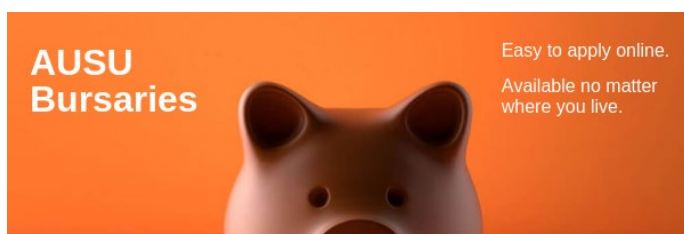
AUSU has [year-round bursaries](#) available for AU undergrad students in financial need.

Computer Bursary - provides new laptops for members who need one for their AU coursework and are otherwise unable to afford one.

Emergency Bursary - can pay for AU course extensions, late exam, or supplemental exam fees for members who require them due to unforeseen circumstances.

Travel Bursary - can help pay travel expenses related to an AU course, such as travelling for exams, labs, practicums, or related conference.

Applications are on the [AUSU website](#).



CLASSIFIEDS

Classifieds are free for AU students!
Contact voice@voicemagazine.org for more information.

THE VOICE

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